



ACBS ☒ GMS ☒ PBS ☒

Description

Food for special medical purposes

K.Yo is a nutritionally complete, very high fat, low carbohydrate, ready to eat, semi-solid food with a 3:1 ratio of fat to carbohydrate and protein.

Available in vanilla, chocolate and berry flavours. With sugar and sweetener.

Indications

K.Yo is for the dietary management of epilepsy in a ketogenic diet; glut 1 deficiency syndrome or other conditions requiring a ketogenic diet.

Recommended intake and administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

Preparation Guidelines

Suitable for oral intake or can be given via an enteral feeding tube, as determined by the clinician or dietitian.

For oral intake:

Ready to eat

Can be used in permitted recipes.

Further serving suggestions and recipes for K.Yo are available on request or by visiting www.myketogenicdiet.co.uk

For enteral tube feeding:

1. Pour a minimum of 120ml of water into a feeding container or jug.
2. Add 1 pot of K.Yo and stir until evenly mixed in the water.
3. Use within 4 hours.
4. Flush with a minimum of 10ml of water after feeding.

IMPORTANT NOTICE

Use under medical supervision.

Suitable for use as a sole source of nutrition from 3 to 10 years of age, or as a supplementary nutrition from 3 years and onwards.

Ensure an adequate intake of permitted fluids when using K.Yo as part of a ketogenic diet.

For enteral use only.

Nutritional Information

		Chocolate Per 100g (1 pot)	Vanilla Per 100g (1 pot)	Berry Per 100g (1 pot)
Energy	kJ	1280	1272	1272
	kcal	310	308	308
Fat	g	30	30	30
of which Saturates	g	2.7	2.7	2.7
Monounsaturates	g	18	18	18
Polyunsaturates	g	8	8	8
DHA	mg	20	20	20
Carbohydrate	g	2	1.5	1.5
of which sugars	g	1.5	1.5	1.5
Protein	g	8	8	8
Salt	g	0.29	0.29	0.29
Vitamins				
Vitamin A (RE)	µg	160	160	160
Vitamin D	µg	5	5	5
Vitamin E (α TE)	mg	4	4	4
Vitamin K	µg	20	20	20
Vitamin C	mg	14	14	14
Thiamin	mg	0.25	0.25	0.25
Riboflavin	mg	0.3	0.3	0.3
Niacin (Niacin Eq)	mg	2.9 (4.9)	2.9 (4.9)	2.9 (4.9)
Vitamin B6	mg	0.3	0.3	0.3
Folic acid	µg	64	64	64
Vitamin B12	µg	0.5	0.5	0.5
Biotin	µg	4.8	4.8	4.8
Pantothenic acid	mg	0.9	0.9	0.9

		Chocolate Per 100g (1 pot)	Vanilla Per 100g (1 pot)	Berry Per 100g (1 pot)
Minerals				
Sodium	mg	115	115	115
	mmol	4.9	4.9	4.9
Potassium	mg	290	246	246
	mmol	7.3	6.2	6.2
Chloride	mg	180	180	180
	mmol	5	5	5
Calcium	mg	160	160	160
	mmol	4	4	4
Phosphorus	mg	190	190	190
	mmol	6.1	6.1	6.1
Magnesium	mg	29	29	29
	mmol	1.2	1.2	1.2
Trace Elements				
Iron	mg	3.5	3.5	3.5
Zinc	mg	2.5	2.5	2.5
Copper	mg	0.23	0.23	0.23
Manganese	mg	0.31	0.31	0.31
Selenium	µg	13	13	13
Chromium	µg	20	14	14
Molybdenum	µg	14	14	14
Iodine	µg	37	37	37
Taurine	mg	22	22	22
L-Carnitine	mg	11	11	11
Choline	mg	88	88	88

Ingredients:

Chocolate flavour: Water, Vegetable Oil (Rapeseed), **Milk** Protein Isolate, Sodium Caseinate (**Milk**), Cocoa Powder, Sucrose, Emulsifier (E471), Flavourings, Potassium Dihydrogen Phosphate, Sodium Dihydrogen Phosphate, Stabilizer (E407), Acidity Regulator (E525), Sodium Chloride, Choline Chloride, Magnesium Chloride, Calcium Carbonate, Oil from Schizochytrium sp, Calcium Chloride, L-Ascorbic Acid, Artificial Sweetener (Sucralose), Taurine, L-Carnitine L-Tartrate, Tricalcium Citrate, Nicotinamide, Ferrous Sulphate, Zinc Sulphate, Calcium D-Pantothenate, Thiamin Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Retinyl Acetate, Manganese Sulphate, Copper Sulphate, Folic Acid (Pteroylmonoglutamic Acid), D-Biotin, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Vitamin D3 (Cholecalciferol), Chromium Chloride, Vitamin B12 (Cyanocobalamin).

Vanilla flavour: Water, Vegetable Oil (Rapeseed), **Milk** Protein Isolate, Potassium Caseinate (**Milk**), Sucrose, Emulsifier (E471), Sodium Phosphates, Flavouring, Stabilizer (E407), Acidity Regulator (E525), Potassium Phosphates, Sodium Chloride, Choline Chloride, Magnesium Citrate, Magnesium Chloride, Calcium Carbonate, Oil from Schizochytrium sp, Tripotassium Citrate, Calcium Chloride, L-Ascorbic Acid, Artificial Sweetener (Sucralose), Taurine, Trisodium Citrate, L-Carnitine L-Tartrate, Tricalcium Citrate, Nicotinamide, Ferrous Sulphate, Zinc Sulphate, Calcium D-Pantothenate, Thiamin Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Sulphate, Retinyl Acetate, Copper Sulphate, Folic Acid (Pteroylmonoglutamic Acid), D-Biotin, Potassium Iodide, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamin).

Berry flavour: Water, Vegetable Oil (Rapeseed), **Milk** Protein Isolate, Potassium Caseinate (**Milk**), Sucrose, Emulsifier (E471), Flavourings, Sodium Phosphate, Stabiliser (E407), Acidity Regulator (E525), Colour (E120), Potassium Phosphate, Choline Chloride, Sodium Chloride, Magnesium Citrate, Magnesium Chloride, Calcium Carbonate, Oil from Schizochytrium sp, Calcium Chloride, Vitamin C (L-Ascorbic Acid), Sweetener (Sucralose), Taurine, Sodium Citrate, L-Carnitine L-Tartrate, Calcium Citrate, Niacin (Nicotinamide), Ferrous Sulphate, Zinc Sulphate, Pantothenic Acid (Calcium D-Pantothenate), Thiamin Hydrochloride, Vitamin B6 (Pyridoxine Hydrochloride), Riboflavin, Manganese Sulphate, Vitamin A (Retinyl Acetate), Copper Sulphate, Folic Acid (Pteroylmonoglutamic Acid), Potassium Iodide, Chromium Chloride, Sodium Molybdate, Sodium Selenite, D-Biotin, Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamin).

Allergen Declaration

Contains **milk** (**milk** protein).

Other dietary requirements

K.Yo is suitable for a halal diet.

K.Yo is not suitable for a kosher diet.

K.Yo is not suitable for the vegan diet.

Storage

Unopened: Store in a cool dry place.

Opened: The product should be consumed immediately after opening. However, if this is not possible, tightly cover and consume within 4 hours at room temperature or within 24 hours if refrigerated.

Pack Size / Weight

36 x 100g e Net weight 3.6 kg

4 x 100g e Net weight 400g



Enhancing Lives Together

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